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STAR SEARCH?

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A new real estate forecast highlights everything you need to know about renting an apartment. 6

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NIKKI M. MASCALI, REPORTER

This might sound weird, but I love looking for new apartments (physically moving, that's another story). If you're like me and thinking of making a move in 2018, you're going to want to check out page 6, where StreetEasy gives us a glimpse of what to expect over the next 12 months. Hint: It's going to be good for renters. Read on for more or visit **metro.us.**

TRUMP INTENDS TO MOVE EMBASSY TO JERUSALEM

1 President Donald Trump told Palestinian and Jordanian leaders that he intends to move the U.S. Embassy in Israel to Jerusalem, their representatives said, amid a growing outcry across the Middle East against any unilateral U.S. decision on the ancient city. Senior U.S. officials have said Trump is likely on Wednesday to recognize Jerusalem as Israel's capital while delaying relocating the embassy from Tel Aviv for another six months, though he is expected to order his aides to begin planning such a move immediately. The officials said, however, that no final decisions have been made. U.S. endorsement of Israel's claim to all of Jerusalem as its capital would break with decades of U.S. policy that the city's status must be decided in negotiations with the Palestinians, who want East Jerusalem as the capital of their future state.

TOUGH QUESTIONS IN GAY WEDDING CASE

2 The Supreme Court appeared divided with likely pivotal vote Justice Anthony Kennedy posing questions about a Christian baker's refusal to make a wedding cake for a gay couple but also questioning whether a Colorado civil rights commission that ruled on the issue was unduly biased against religion. The nine justices heard arguments in the major case on whether certain businesses can refuse service to gay couples if they oppose same-sex marriage on religious grounds. The case concerns an appeal brought by Jack Phillips, a baker who runs Masterpiece Cakeshop in the Denver suburb of Lakewood, of a state court ruling that his refusal violated a Colorado anti-discrimination law. Kennedy raised concerns about issuing a ruling siding with the baker that would give a green light to discrimination against gay people.

5 THINGS YOU NEED TO KNOW

VENTURA FIRE

3 A home is destroyed by brush fire as Santa Ana winds help propel the flames to move quickly through the landscape on Tuesday in Ventura, California.

GETTY IMAGES

RUSSIA BANNED FROM 2018 WINTER OLYMPICS

4 Russia has been banned from the 2018 Pyeongchang Winter Olympics after evidence emerged of widespread doping but some of its athletes will be allowed to compete under the tag of "Olympic Athlete of Russia", the IOC said on Tuesday. The International Olympic Committee also decided to suspend Russian Olympic Committee (ROC) president Alexander Zhukov as an IOC member given that his membership is linked to his position as chief of the ROC who have been suspended from the Games. Russian Deputy Prime Minister Vitaly Mutko was also banned from any future participation at the Olympic Games. The IOC told a news conference that the Schmid report confirmed "the systematic manipulation of the anti-doping rules and system in Russia."

DOJ CONSIDERS POSSIBLE 'BUMP STOCKS' BAN

5 The U.S. Justice Department said that it is considering a possible ban on certain bump stocks, the attachments that make semiautomatic rifles fire faster and were used in the deadliest mass shooting in modern U.S. history in Las Vegas in October. The Las Vegas gunman's use of bump stock to allow his weapons to fire like fully automatic machine guns, has led to rare bipartisan agreement in Congress on the need to review whether they should be banned. "Possessing firearm parts that are used exclusively in converting a weapon into a machine gun is illegal, except for certain limited circumstances," U.S. Attorney General Jeff Sessions and the Bureau of Alcohol, Tobacco, Firearms and Explosives (ATF) said in a joint statement. "Today we begin the process of determining whether or not bump stocks are covered by this prohibition."

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Reshma Saujani, founder and CEO of Girls Who Code. ADRIAN KINLOCH

Girls Who Code empowers Bronx students to tackle technology's gender gap

Tech is among the most male-dominated fields, and that gap has widened.

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Aminata Jaiteh became interested in computers at an early age.

"Not just your typical playing games, but I was genuinely interested in how a computer functions," the 17-year-old student at Manhattan/Hunter Science High School told Metro. "I wanted to know what it took to make an app, how the creators get all the details and graphics in their app or website."

Jaiteh got her chance to see those inner workings first-hand thanks to Girls Who Code's Summer Immersion Program with partner Accenture.

"Their initiative to empower young women to learn and love to code at a young age inspires me to keep coding," said Jaiteh, who plans to major in computer science in college and hopes to work for a tech company like Google, Facebook or Amazon one day.

Jaiteh will join female students in the Bronx Wednesday, when Accenture and Girls Who Code donates 1,000 copies of the best-selling book "Learn to Code and Change the World" to District 7. Attendees will participate in coding activities and hear from mentors in the field.

"I want to hear their stories and know why they are interested in wanting to or learning how to code," Jaiteh said of her fellow attendees. "This program not only taught me how to code, but how to interact with other people and build relationships."

It's no secret tech is among the most male-dominated industries, and that gap has only widened since 1995, when woman made up about 40 percent of the workforce. Today, that number is less than 25 percent.

"The role model or vision of who a computer science person is has probably evolved, and it's not females — it's guys in their basement in a hoodie," said Lynn McMahon, managing director of Accenture's New York metro office.

In order to change that tide once and for all, it's about timing. "We believe intervention needs to come in junior high, where they're actually starting to formulate ideas of who they can be," McMahon said.

By yearend, Girls Who Code will reach 40,000 girls in all 50 states, and their participation is what founder and CEO Reshma Saujani is most proud of.

"I feel confident that with our work, and if we continue to grow, we're going to make sure that there is no innovation that's left behind," she said. "We teach more than just coding, we teach bravery and resiliency."

In such a male-dominated field, especially in the wake of #MeToo and near-daily headlines about sexual harassment, those latter lessons sadly may come in handy.

"We talk a lot about culture and what to expect and part of it is exposing girls to one another, so they can share and uplift each other and bear witness," Saujani said. "We're hearing women's collective roar. Women are just fed up about it, and they're using their voice to draw attention to something that's been happening forever.

"I think our girls knew this and know this, and it's not going to change until we infiltrate — that's how we change," she added.

"... if we continue to grow, we're going to make sure that there is no innovation that's left behind. We teach more than just coding, we teach bravery and resiliency."
Reshma Saujani

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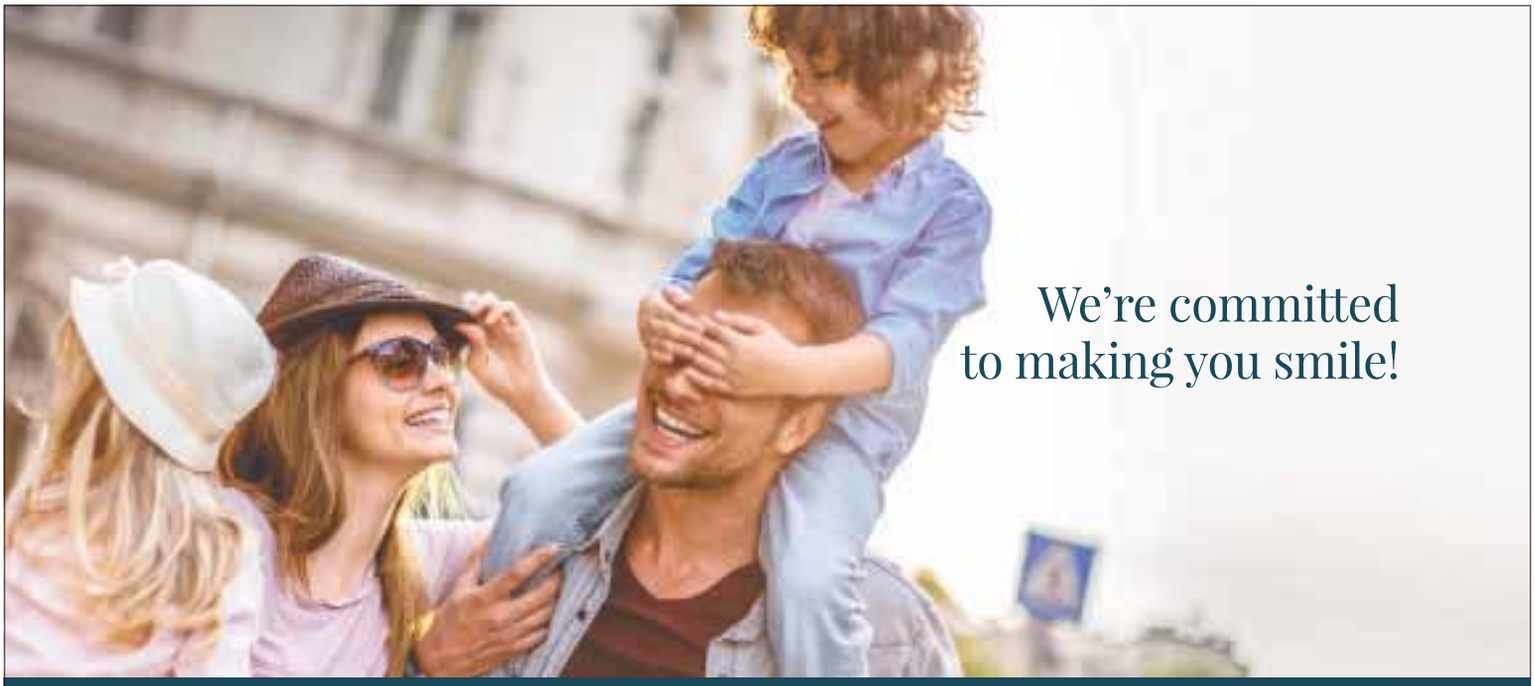

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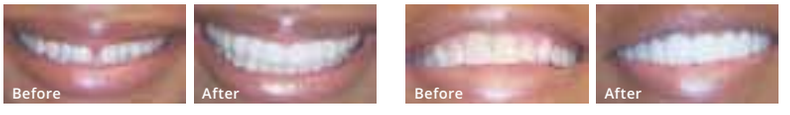

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While the development of luxury buildings will continue, prices are expected to hit a new low in 2018. ISTOCK

2018 will be a year for the renters, StreetEasy predicts

The real estate marketplace's crystal ball sees transportation driving demand, luxury's new low, falling rents and rising concessions.

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We've heard countless politicians and advocates say public transportation is the lifeblood of New York City recently, but is it — and its near-daily issues — so important to New Yorkers that it affects the real estate market?

Yes, according to StreetEasy's newly released real estate predictions for 2018. In fact, changes like the impending L train shutdown in 2019 and the expanding East River route of the NYC Ferry have already affected prices, but the real estate marketplace anticipates an even greater impact in the New Year.

"The city's reliance on an aging transportation infrastructure will face tough tests in 2018, but buying in a rapidly changing neighborhood along a major commuting corridor will remain one of the best bets in city real estate," said StreetEasy Senior Economist Grant Long. "Traditionally, that has meant the train, but with an expanded fleet of ferries on the East River, we also expect more New Yorkers to take to the water on a daily basis."

Rents within a 10-minute walk of the Atlantic Avenue, Greenpoint and Astoria stops of the NYC Ferry have sailed up 1.5 percent faster than the broader area of those neighborhoods, StreetEasy found.

As for neighborhoods along the L train, which will be shut down between Brooklyn and Manhattan for 15 months starting in April 2019, rents have already seen a steady decrease, especially in North Brooklyn, StreetEasy said back in April.

A luxurious low

While the development of luxury buildings will continue, prices are expected to hit a new low in 2018 as the number of available units will "far outsize the number of eligible buyers," StreetEasy prognosticated.

"With next year's building boom promising to expand luxury market woes at the very top of the market, 2018 will mark slow price growth across multimillion-dollar price points and a landscape in which high-end buyers enjoy the upper hand in negotiations," Long said.

$1 million competition

StreetEasy expects to see more competition for homes under $1 million than ever before, which will cause some buyers to, perhaps for the first time, consider the outer boroughs to stick to their budgets.

Falling rents, rising concessions

A slew of new buildings will keep rent increases at bay, StreetEasy said, allowing potential tenants to have a "negotiating edge" — and maybe consider moving if they see a deal they just can't refuse.

"For renters, 2018 is your year," Long said. "The combination of ever-present landlord concessions and rents growing at a snail's pace will cause the market to sway more heavily in favor of the renter.

"Even renters happy with their current home should do their research and ask for a deal before renewing their lease," he added. "Check comparable listings for the pulse of the market in your neighborhood, and don't shy away from asking landlords for a month free or negotiating a lower rent."

"The combination of ever-present landlord concessions and rents growing at a snail's pace will cause the market to sway more heavily in favor of the renter."
Grant Long

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Police fatally shoot machete-wielding man in the Bronx Tuesday: NYPD

A police officer shot and killed a man wielding a machete in a Bronx apartment early Tuesday morning, according to the NYPD.

Members of the department's Emergency Service Division were at the apartment, located at 230 Brook Avenue in the Mott Haven neighborhood of the Bronx, around 4:10 a.m. in order to execute a search warrant.

The division received information about a firearm and narcotics inside the apartment. The search warrant was issued in order to seize those items.

After entering the third-floor apartment, officers went toward the rear bedroom and encountered a man "brandishing a machete-type sword with a two-foot blade," NYPD Chief of Patrol Terence Monahan said at a Tuesday morning press conference.

Police officers recovered a machete from the scene of a shooting that occurred while they were executing a search warrant in the Bronx. TWITTER/ NYPDNEWS

The officers ordered the man, who has not yet been identified, to drop the knife, Monahan said, but the man did not comply.

"As the subject continued to approach the lead officer, the officer discharged one shot from his service weapon, striking the subject once in the chest," Monahan said. "The officers immediately called for an ambulance and rendered aid."

The man was taken to Lincoln Hospital, where he was later pronounced dead. He was not the person officials were looking for in the search warrant, Monahan said on scene, but the person who they did have information on was detained outside and taken into custody for questioning.

An elderly man was also in the third-floor apartment. That man was not injured but was taken to the hospital for observation, police said. No police officers were injured.

The apartment is now being treated as a crime scene and the machete has been recovered at the scene. The search for the firearm and drugs will continue after the crime scene has been secured, Monahan said. KRISTIN TOUSSAINT

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Pence infuriated frat bros for telling dean where booze was hidden

Pence led the dean to the exact location the kegs were located.

LENYON WHITAKER
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Vice President Mike Pence, who apparently was once a frat bro, once snitched on his brothers by telling the dean where they were hiding booze.

Dan Murphy, an old college buddy and frat brother of Pence at Hanover College's Phi Gamma Delta chapter, shared a story with The Atlantic about the time Pence let a college administrator know where they were hiding their kegs.

The year Mike Pence was president of Phi Gamma Delta, the movie "Animal House" had recently hit the theaters and the fraternity brothers were always playing pranks on each other, throwing crazy parties and re-creating their favorite scenes from the movie.

VP Mike Pence was in a fraternity at college. GETTY IMAGES

One night, during a party that got a little out of hand, Pence and his frat brothers learned that the school dean was on his way to the house to shut the party down. Murphy told The Atlantic that Pence's frat brothers rushed to hide the beer kegs and plastic cups, but Pence met the dean at the door.

The dean told Pence he knew about the keg at the party, according to Murphy.

Usually when something like this happens, one of the frat brothers will take the blame to avoid having the entire house get in trouble.

According to Murphy, Pence did something different. Instead of allowing one of his fraternity brothers to claim the booze, Pence told the dean exactly where the kegs were located and also mentioned they belonged to their fraternity house causing, everyone to get in trouble.

"They really raked us over the coals," Murphy told The Atlantic. "The whole house was locked down," he added.

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Three Obama tweets (but none of Trump's) are some of 2017's most retweeted

During his first year in office, President Trump has concentrated on undoing key parts of former President Obama's legacy. But this is one he won't be able to reverse: Three of Obama's tweets rank among 2017's most retweeted posts, Twitter says. None of Trump's are on the list.

On Twitter's list of the "Top Nine Retweeted Posts of 2017," Obama occupies the No. 2 spot with a tweet from Aug. 12, the day of the racially motivated killing in Charlottesville, Virginia. "No one is born hating another person because of the color of his skin or his background or his religion," the former president tweeted under a photo of him greeting a multiracial group of toddlers gathered in a window. It has gotten 1.7 million retweets and 4.6 million likes.

Obama's second tweet on the list was sent Jan. 10. "Thank you for everything," he said. "My last ask is the same as my first. I'm asking you to believe—not in my ability to create change, but in yours." That earned 871,000 retweets and 1.9 million likes.

Obama's tweets proved more popular that Trump's in 2017. GETTY IMAGES

The third is from President Trump's Inauguration Day, Jan. 20. "It's been the honor of my life to serve you," Obama tweeted. "You made me a better leader and a better man." It got 631,000 retweets and 1.6 million likes.

One Trump-related tweet did make the list: NBA star LeBron James's "U bum" riposte to Trump's tweet that he had withdrawn Stephen Curry's invitation to the White House. "U bum @ StephenCurry30 already said he ain't going!," James wrote Sep. 23. "So therefore ain't no invite. Going to White House was a great honor until you showed up!" That got 661,000 retweets and 1.5 million likes.

The top retweet of the year was the megaviral post in which a man named Carter Wilkinson asked the fast-food chain Wendy's, "How many retweets for a year of free chicken nuggets?" Wendy's replied, "18 million." Carter's response: "Consider it done."

Alas, he only got 3.6 million. As President Trump is learning, exploring Twitter's outer limits can only take you so far. MICHAEL MARTIN

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Demand Soars At NYC Medical Clini

Can This Medical Technology Possibly Eliminate Or

The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Kno

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many* treatments ... especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: <u>There is no one treatment that will help every case of back pain.</u> And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy

"Radiofrequncy Neurotomy" is often referred to as RF for short. Just what is "RF".

RF is a procedure that is based on the concept that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves and slow down the pain

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "impaits" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months… 12 months…. 18 months for some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

While we cannot claim this is a complete "permanent cure" . . . it can be a godsend for so many who were in constant pain.

Really... what would it be worth if you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good night's sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and i*s not surgical.*

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti - inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

Major Savings In Time And Costs Of Care?

c For Promising Back Pain Treatment

r Greatly Reduce Even The Most Severe Back Pain...

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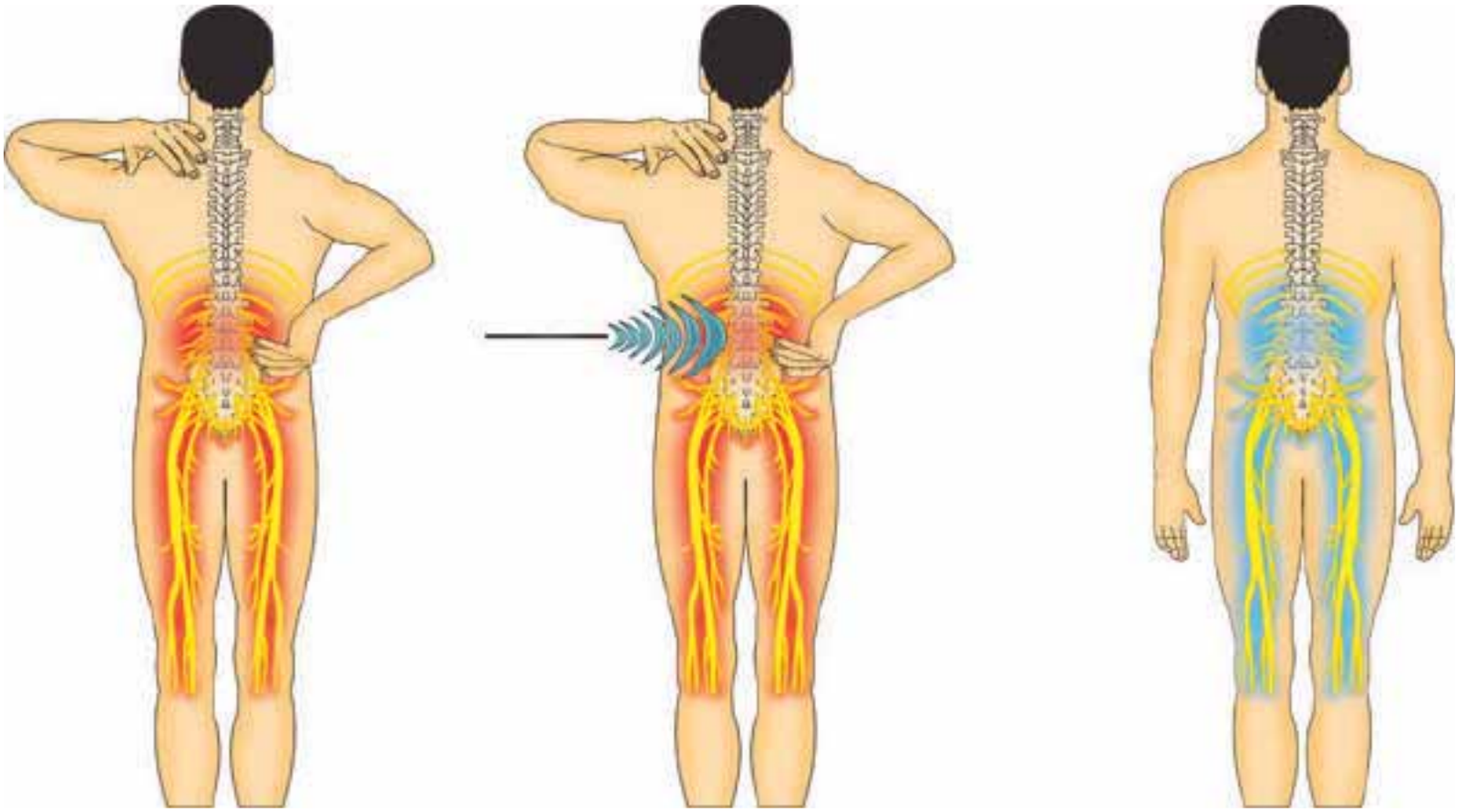
Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain



Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many

NYC Pain MD's method allows you to avoid expensive hospital or out patient surgi-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the *NYC Pain MD* treatments can be done in our in-office procedure suites saving you stress, time and dollars. *NYC Pain MD* believes this additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at their advanced medical center.

Your Invitation

NYC Pain MD offers limited number of complimentary back and neck pain screenings every month. These screenings are a way for pain sufferers to get some of their questions answered and see if they are candidate for one of the cutting-edge treatments offered at *NYC Pain MD*. If you would like complimentary screening, just call 877-503-8540 and tell the scheduling co-ordinator who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

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the word

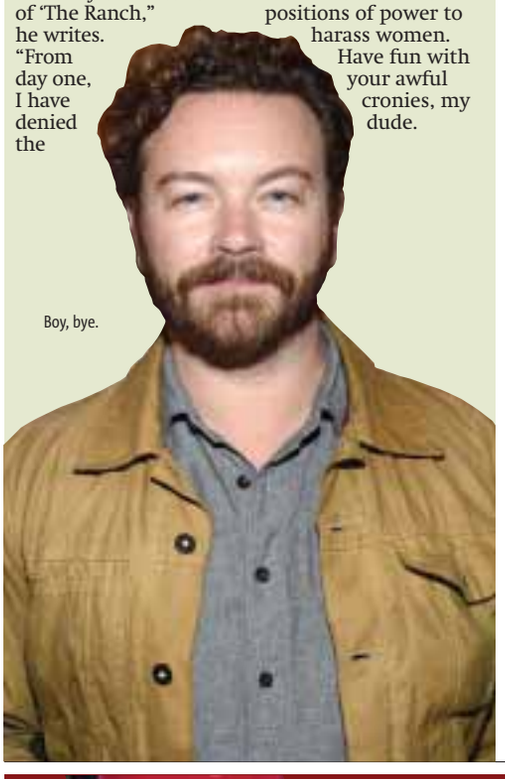
Danny Masterson gets the ax

With mounting pressure over claims by four different women who accused Danny Masterson of rape, the 41-year-old Scientologist has been ousted from Netflix's "The Ranch." And he's not going quietly.

After a Netflix spokesperson released a statement about Masterson's dismissal from the series, the actor released his own statement to People expressing his frustration. "I am obviously very disappointed in Netflix's decision to write my character off of 'The Ranch,'" he writes. "From day one, I have denied the outrageous allegations against me. Law enforcement investigated these claims more than 15 years ago and determined them to be without merit. I have never been charged with a crime, let alone convicted of one."

Worth noting, though, that the LAPD has been investigating sexual-assault claims against Masterson — and a possible Church of Scientology cover-up — since March.

Masterson can now add himself to the list of disgraced Hollywood men who used their positions of power to harass women. Have fun with your awful cronies, my dude.



Boy, bye.

Angelina says words about Brad

Let it go, babe.
ALL PHOTOS GETTY IMAGES UNLESS OTHWERWISE STATED

Angelina Jolie is making her way back into the spotlight. And you know what that means: She is talking about her ex-husband, Brad Pitt.

The 42-year-old actress admits that there was some "heaviness" between her and Pitt while they were shooting 2015's flop "By the Sea." She appears to have thought that filming together would save their marriage — but, uh, we all know the end to this story.

"I wanted us to do some serious work together," she said on The Hollywood Reporter's podcast, Awards Chatter. "I thought it would be a good way for us to communicate.

"In some ways it was, and in some ways we learned some things," she continues. "But there was a heaviness probably during that situation that carried on, and it wasn't because of the film."

No word if Pitt is still coping with Frank Ocean albums and sculpting, but we sure as hell hope so.

INSTAGRAM/@KOREANHULK

This man is not Lilo's boyfriend

Surely, you haven't given a thought to Lindsay Lohan — perhaps not since the time she claimed she had been racially profiled. Nonetheless, we are here to report today that a man you have never heard of is not Lindsay Lohan's boyfriend. Thank you for your time.

It's just Lindsay being Lindsay.

Though for a brief moment it appeared that the 31-year-old was dating very rich Korean bodybuilder Je-yong Ha, she is, um, not. The story originated from Liftn, a weight-lifting site, and spread through Twitter and Facebook.

But according to one of Lohan's friends, it's strictly platonic. "Lol they are 100% not dating at all. They're just friends," a source told Vanity Fair. Now that's how you make a statement!

For now, we can expect Je-Yong to continue to post pictures of himself in Lohan's company. That is, when he's not posting pictures of himself in overly-snug polo shirts on his private plane.

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LEXINGTON PLASTIC SURGEONS

Why women really wore corsets

See how designers went from demanding our bodies fit into their clothes to fashion for all at the Museum of FIT.

EVA KIS
@thisiskis
eva.kis@metro.us

A maternity robe and corset, and a child's corset, from the mid-1800s. ALL PHOTOS BY EVA KIS

When it comes to fashion, it can seem as if the body is meant to fit the design.

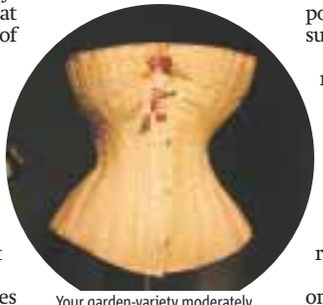
Nowhere is that more obvious than the corset, the French undergarment invented in the 1500s made to cinch the waist to as small as 18 inches and give the bustline a boost.

But the reason why ladies wore corsets isn't so much about class, or even creating a distinctive look, explains Emma McClendon, curator of a new exhibit called The Body: Fashion and Physique at the Fashion Institute of Technology's museum.

"There's an inherent difference in how we view the woman's body compared to today," she says. "It's a very 19th century idea that the woman's body is so weak that she needs support around it at all times."

Knowing this makes the two most disturbing garments among the 60 on display slightly less horrifying: a corset to be worn during pregnancy, and a child's corset.

"These look very freakish to us, to put it bluntly, but what we have to understand is neither of these corsets is about looking thinner or nipping in your waist," explains McClendon. They also do not contain the usual boning.



Your garden-variety moderately horrifying corset

"It's really about the belief that the female body is inherently weak and in order to have good posture needs to have a support."

(This, of course, ignores the fact that conceiving, growing and delivering a baby is by far the most physically demanding thing you can ask the body of either gender to do. Women's work, am I right ladies?)

Corset myths are just one of the topics tackled in the exhibit, open now through May 1, 2018. It spans 250 years of how fashion has shaped women's (and to a lesser extent, men's) bodies through 60 garments by designers ranging from haute couture by Roberto Cavalli to Lane Bryant's fashionable basics and a dress from heroin chic model Twiggy's own clothing line, as well as dozens of illustrations and videos.

Garments more than a century apart are often placed facing each other to wink at clashing or repeating styles.

There's the barely-there black lace dress by LaQuan Smith, a version of which was worn by Kim Kardashian while very pregnant, facing the maternity robe women in the 1800s would wear while confined to their home once their bodies were deemed "too grotesque" to be in public.

Fashion plates of men and women whose heads are drawn wider than their waists juxtapose with a video of an advertisement exposing how much Photoshop is done to a model and calling for magazines to disclose when an image is altered.

The exhibit ends on a hopeful note. The final two pieces were created for breast cancer survivors and a wheelchair-bound woman, two bodies that designers are just taking notice of and learning how to dress.

Of course, there are still many bodies waiting to be clothed. It was just in 2016 that actress Leslie Jones couldn't get a designer to make her a dress for the "Ghostbusters" premiere (though that may or may not have been a timing issue). After airing her grievances on Twitter, Christian Siriano stepped up with a stunning red gown, which is featured in the exhibit.

As Siriano told Refinery29, "We should just try to make every woman feel great about themselves, because there's enough crazy hate going on in the world."

If you go

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Alex Guarnaschelli with her Woodbridge Toasted Spice Chardonnay Hot Toddy.
BOTH PHOTOS PROVIDED

Guarnaschelli's Cranberry Apple and Red Blend Crumble.

home

Throw a *hit holiday dinner party,* without the headache

Celebrity chef Alex Guarnaschelli tells us her secret to stress-free hosting.

KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

One of the best parts about the holidays is sharing food and drink with close friends and family, but it's all too easy to let the stress of hosting overshadow the good times. We asked Alex Guarnaschelli, executive chef at Butter restaurant in NYC, "Next Iron Chef: Redemption" champion and author of the cookbooks "Old School Comfort Food" and "The Home Cook" her advice on how to make a great holiday meal for guests that you can enjoy yourself, too.

Prep ahead so you don't spend the whole night cooking

"My parents had a lot dinner parties when I was growing up, but they missed out on a lot of them because they were cooking the whole time," Guarnaschelli recalls. Instead, get your appetizers and desserts done well ahead of time, she advises, so you can spend QT drinking and socializing with your guests. A simple cheese board, pre-made dips and crackers, or crudite give guests something to nosh on while you all have drinks and catch up.

The secret to cocktail hour

Guarnaschelli likes to serve a light and refreshing, but potent, French 75 cocktail, rather than juice-heavy mixed drinks like Greyhounds or Screwdrivers, which run the risk of filling guests up before dinner. She also fancies a simple syrup (a one-to-one ratio of water to sugar) simmered with lemon zest and fresh herbs like thyme or basil. Strain it and chill it, then mix with gin or vodka, crushed ice and seltzer, or hold the liquor and you have a flavorful soda for the kids or teetotalers to enjoy.

If you're in the mood for a cozy wintery cocktail, try her Woodbridge Toasted Spice Chardonnay Hot Toddy, which she likes to serve right out of the crock pot.

Make the main course a crowd-pleaser

During the holidays, focus on preparing dishes that everybody will enjoy, says Guarnaschelli. She opts for comfort-food crowd pleasers, like roast chicken, hanger steak or roast beef, with sauces on the side, like a spicy salsa and a classic gravy, so guests can take their pick. Be sure to make a non-meat option to accommodate your vegetarian guests, like a whole roast cauliflower served with warm chutney. "You don't want anyone to feel left out," she says.

A simple and sweet finish

Dessert-wise, Guarnaschelli likes to take a break from Thanksgiving's pie obsession and opts for a cookie platter or her Cranberry Apple and Red Blend Crumble, which are both easy to bake ahead. And word to the wise: "Don't undersell a classic chocolate cake — it never fails," she says.

Find recipes at Alexguarnaschelli.com and Woodbridgewines.com.

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Current Range 2 bedroom:	$1324 - $1470
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Could the Giants still trade Eli?

Even with the firings of Reese and McAdoo yesterday, there is a chance Manning could leave New York after this season.

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joseph.pantorno@metro.us

Eli Manning supporters can breathe easy now that the New York Giants have fired head coach Ben McAdoo and Jerry Reese.

The veteran quarterback is expected to be under center to start the Giants' Week 14 matchup against the Dallas Cowboys on Sunday, where he'll likely finish out the year as the team's starter. But just how much longer will we see Manning in Giants blue?

Manning's contract does not expire until the end of the 2019 season, which would make one figure that he isn't going anywhere anytime soon. However, McAdoo and Reese's decision to bench Manning for Week 13, ending a 210-consecutive game started streak that began back in 2004, might have altered the quarterback's relationship with the team despite two of the men that were responsible for the move having been shown the door.

The problem is that Giants co-owner John Mara went on record Monday saying that he did little to better the situation.

"If you want to blame anybody, you've got to blame me," Mara said. "I certainly had the power to overrule it if I wanted to and I chose not to do it."

Instead, the Giants went with Geno Smith, who was unable to lead the team to a victory in a very winnable game against the Oakland Raiders.

During the frenzied week in which Manning was relegated to the backup position, rumors flew that his time with the Giants was over and that he would be traded, whether it came at his request or if the team saw him as an expendable option should they nab a franchise quarterback during the 2018 NFL draft.

While order is in the process of being restored, Manning's camp isn't necessarily sure where he'll be next season.

"He doesn't have some dead set plan for next year," Eli's father, Archie Manning, told Brian Heyman and Mike Rose of Newsday. "You can't. There are too many unknowns out there."

If the New York Giants acquire their quarterback of the future, could Eli Manning be traded this winter? GETTY IMAGES

Should the Giants finish with a high enough draft pick to select a franchise-altering quarterback this spring, then Manning's days could, in fact, be numbered. He might want to go someplace where he could start while proving that he has some solid years left in his Hall-of-Fame-worthy career. All of a sudden becoming a tutor or a clipboard holder for a rookie quarterback might just be too much for him to handle.

Obviously, the picture will become much clearer once the team hires its new general manager.

But if he does want to be traded, the Giants should be obliged to do so, considering Manning has won this franchise a pair of Super Bowls and is one of their greatest quarterbacks ever.

They just can't mess it up as badly as McAdoo and Reese messed up his benching.

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PITCHER

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YU DARVISH

PITCHER

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MITCH MORELAND

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MIKE NAPOLI

DESIGNATED HITTER

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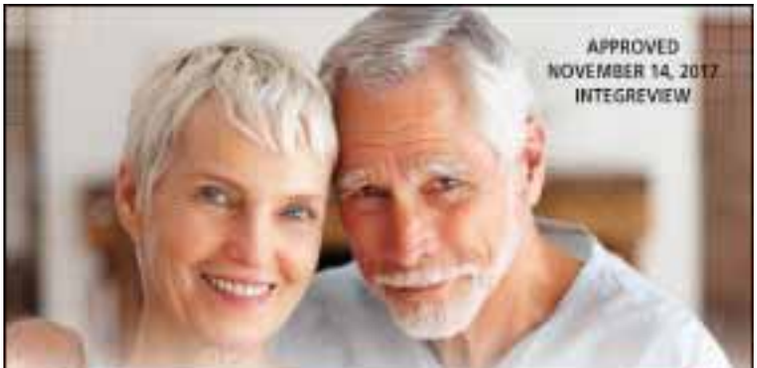

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NYSPI IRB Approved 3/10/2017 -> 3/3/2018

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The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center and is funded by the National Institute of Health.

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- Healthy participants (no significant disease; not taking any significant medications)

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Study Purpose:

To find out how quickly higher cognitive functions (for example memory and working with numbers) return after general anesthesia with sevoflurane

Length of participation:

5 visits in a 30 day period and phone call follow-ups for up to 1 year

Compensation and Transportation will be provided.

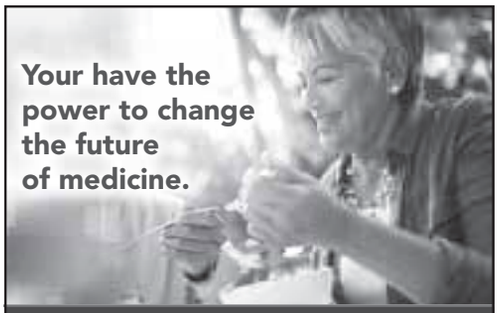
Contact Information:

Call the Anesthesia Research Team at **212-241-0840** with inquiries

Study Principal Investigator: Joshua Mincer, MD, PhD

Location: Hess Center for Science and Medicine, 1470 Madison Avenue, New York, NY 10029

GCO #13-0359 MSSM;
IRB approved through 4/28/2018



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NYSPI IRB Approved 11/9/2016 -> 3/3/2017

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Is your energy level lower than you'd like it to be?

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NYSPI IRB Approved 7/14/2017 -> 3/13/2018

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NOTICE IS HEREBY GIVEN that a license, Number 1305577, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Beer, Wine & Cider at retail under the Alcoholic Beverage Control Law at 65 2nd Ave., New York, NY 10003. New York County, for on premises consumption. Plant Based Pizza New York LLC d/b/a OO+Co.

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NOTICE IS HEREBY GIVEN that a license, Number 1306459, for Restaurant Wine has been applied for by the undersigned to sell Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 88-13 Roosevelt Ave., Jackson Heights, NY 11372. Queens County, for on premises consumption. Buena Fortuna Restaurante, Inc.

NOTICE IS HEREBY GIVEN that a license, No. 1304945, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant & Bar under the Alcoholic Beverage Control Law at 41 Wilson Ave., Brooklyn, NY 11237, for on premises consumption. Mexcalli and Yours Sincerely LLC.

LEGAL NOTICES

NOTICE OF FORMATION of Lucrative Debt Relief, LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 11/03/2014. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o PO Box 191, New York, NY 10027. Purpose: Any lawful activity.

NOTICE IS HEREBY GIVEN that a license, No. 1306468, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 315 Smith St., Brooklyn, NY 11231, for on premises consumption. JLKD LLC.

NOTICE IS HEREBY GIVEN that a license, No. 1306440, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Gastropub under the Alcoholic Beverage Control Law at 647 Grand Ave., Brooklyn, NY 11211, for on premises consumption. Graham Electric LLC.

NOTICE IS HEREBY GIVEN that a license, Number 1305992, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 109-10 Liberty Ave., Richmond Hill, NY 11419. Queens County, for on premises consumption. Errie Group Inc. d/b/a New Chinese Garden of Guyana Restaurant.

NOTICE IS HEREBY GIVEN that a license, Number 1305597, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 30-12 Astoria Blvd, Astoria, NY 11102. Queens County, for on premises consumption. Kitchen 44 Corp. d/b/a Chick-n-Soup.

NOTICE IS HEREBY GIVEN that a license, Number TBA, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 1385 Coney Island Ave., Brooklyn, NY 11230. Kings County, for on premises consumption. VA & VK LLC.

LEGAL NOTICES

NOTICE IS HEREBY GIVEN that a license, Number 1305614, for Restaurant Wine has been applied for by the undersigned to sell Beer & Wine at retail under the Alcoholic Beverage Control Law at 85-14 Roosevelt Ave., Jackson Heights, NY 11372. Queens County, for on premises consumption. El Mordisco Sport Bar Restaurante Corp. d/b/a El Mordisco Sport Bar Restaurante.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Winter On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider from 11/01/17 until 04/30/18 at retail under the Alcoholic Beverage Control Law at 241 37th St., Brooklyn, NY 11232. Kings County, for on-premises consumption. Flea Industries LLC d/b/a Brooklyn Flea.

NOTICE IS HEREBY GIVEN that a license, Number 1306349, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 40 Bowery, New York, NY 10013, for on premises consumption. Lan Zhou Handmade Noodle & Dumpling Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1306454, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 39-16 Prince St., Flushing, NY 11354, for on premises consumption. Chatime USA LLC.

NOTICE IS HEREBY GIVEN that a license, Number 1306600, for Tavern Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Tavern/Restaurant under the Alcoholic Beverage Control Law at 112 Eldridge St., North Store, NY 10002, for on premises consumption. Avocado Appitit Inc.

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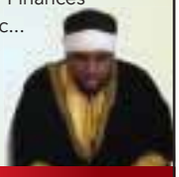

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24 Darth's daughter
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59 Not digital
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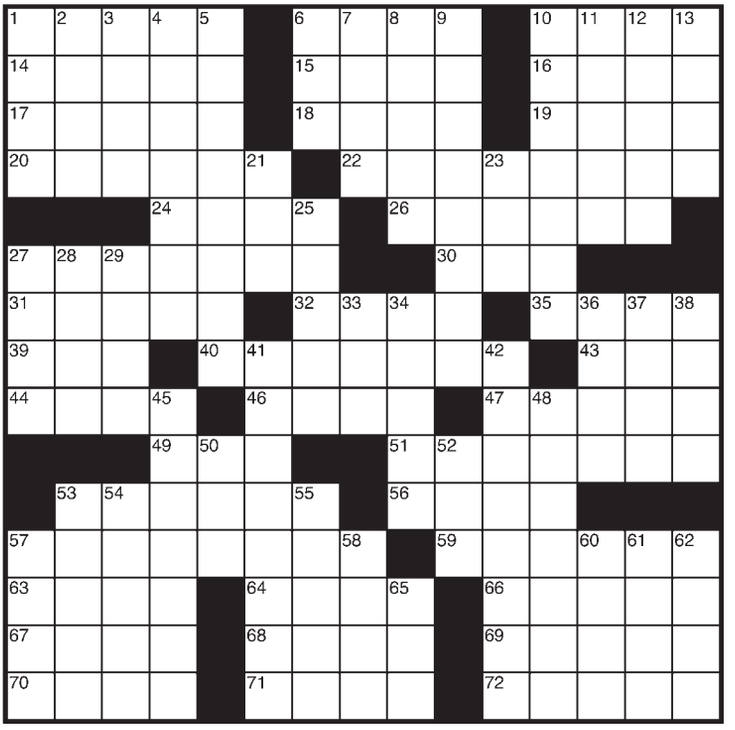
64 Stork cousin
66 Kennel noise
67 Meatloaf serving
68 Narrative of heroic exploits
69 Lithe
70 London park
71 Cough syrup meas.
72 Feel instinctively

Down

1 West Coast sch.
2 -- -do-well
3 Dressed
4 Made horizontal
5 Mr. Scrooge
6 Cry of disdain
7 Watched carefully
8 Sigourney Weaver thriller
9 Roofing roll (2 wds.)
10 Appears
11 Nut cake
12 Called out
13 Attention
21 Bind
23 In time gone by
25 Conform
27 Pirate's booty
28 Running shoe name
29 Vivacity
33 Bleat
34 Set ablaze
36 Peak
37 Hires a lawyer
38 Egg layers
41 Ralph Waldo Emerson, e.g.
42 Mock oranges
45 Hoop site
48 Make bigger
50 "Annabel --"
52 Rte. mappers
53 Witty remark
54 Tire surface
55 Shish --
57 Stylishly elegant
58 Sarcastic remarks
60 Steak cut
61 Wise old birds
62 Mirth
65 Drain, as energy



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easy

2	1		7		5			
			4	2		7		
8	5		3	6				1
			5			4		
5				1				6
		9			2			
4				7	6		1	9
		5		9	3			
			1		4		7	8

hard

		2	8	1			4	9
9					2	1		
	7				5			6
3		5					8	
		1		5		6		
	6					2		5
8			5				3	
		4	3					8
5	3			2	8	4		

metro.us/horoscopes

Aries You'll face an unstable situation when dealing with partnerships. Let others air their grievances. Once you know where you stand, it will be easier to offer solutions.

Taurus Problems at home will erupt if you are spending too much time at work. Aim to achieve greater balance in your life. Being receptive to suggestions will avoid discord.

Gemini You'll face bullying or pressure if you get into a discussion with a colleague or an authority figure. Do your best to remain calm and avoid making an impulsive decision.

Cancer A relationship with someone you know through work will escalate quickly. Make sure you are clear about what's being offered before you share your thoughts.

Leo Your emotions will surface and excitement will set in. Enjoy spending time with the people you care about. Make improvements to your appearance or to special relationships.

Virgo Preparing your living space for the festive season is encouraged, but stay within your budget or someone will complain about your spending habits.

Libra You'll face opposition if you haven't abided by the rules. Be prepared to explain your point of view. Your power of persuasiveness will be required.

Scorpio Be careful sharing information. Make sure your facts are straight and do your best not to upset someone who is likely to cause problems for you in the future.

Sagittarius Emotions will be difficult to control when dealing with money and legal matters. Don't act in haste when you should be doing everything to get ahead.

Capricorn Getting together with old friends or attending a reunion will bring back fond memories. Revisit a proposed joint venture you have yet to start.

Aquarius Don't wait for a situation to backfire. Speak up and offer truth, justice and a solution that will prevent an unnecessary feud.

Pisces Be careful whom you choose to compete against. An emotional reaction will be met with a similar response that could end up costing you a friendship. **EUGENIA LAST**

Yesterday's answers

C	L	U	E	■	D	R	A	B	■	V	I	R	U	S
Z	A	P	S	■	E	A	R	L	■	E	M	O	T	E
A	D	O	S	■	C	I	N	E	■	I	B	S	E	N
R	E	N	E	G	E	D	■	U	G	L	I	E	S	T
■	■	■	N	O	I	S	Y	■	R	E	B	■	■	■
E	L	I	C	I	T	■	A	C	A	D	E	M	I	C
R	A	V	E	N	■	A	W	R	Y	■	S	A	N	E
U	S	O	■	G	A	R	N	I	S	H	■	Y	U	L
P	E	R	K	■	G	L	I	B	■	O	R	B	I	T
T	R	Y	I	N	G	O	N	■	T	W	E	E	T	S
■	■	■	M	I	I	■	G	R	E	T	A	■	■	■
I	N	T	O	N	E	D	■	O	P	O	S	S	U	M
C	A	I	N	E	■	O	B	O	E	■	O	L	L	A
E	P	C	O	T	■	L	I	M	E	■	N	U	N	C
S	A	S	S	Y	■	T	O	Y	S	■	S	E	A	S

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Queens	**Address**	**Date**	**Time**
Jackson Heights Community Office	93-14 Roosevelt Avenue, 1st Floor Jackson Heights, NY 11372	12/1, 12/8, 12/15	2pm–3pm
Richmond Hill Community Office	122-01 Liberty Avenue, 1st Floor South Richmond Hill, NY 11419	12/6	3pm–5pm
Bronx	**Address**	**Date**	**Time**
Fordham Community Office	412 E. Fordham Road Bronx, NY 10458	12/13	10am–11am
E. Tremont Community Office	774 E. Tremont Avenue, 1st Floor Bronx, NY 10460	12/7	10am–11am
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